

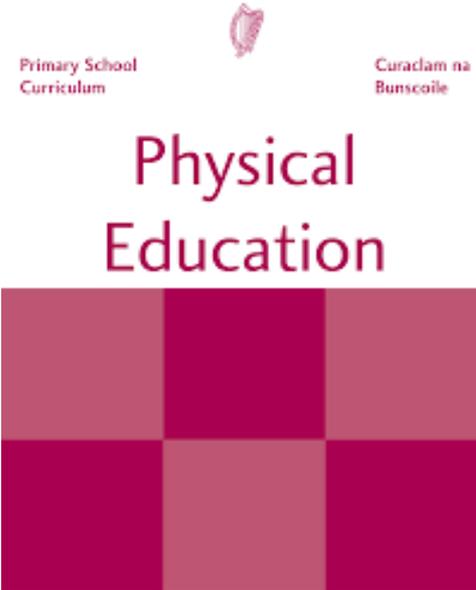
Holy Family School for the Deaf

Active flag 2021/2022
Special school



PE curriculum

In Holy family school for the Deaf we teach the 6 strands of the PE curriculum : Athletics, Gymnastics, Dance, Outdoor and Adventure, Aquatics, and Games.



Variety of strand and strand units

As per the PE curriculum, Holy family Deaf school ensures that a variety of each of the strands and strand units are taught each year and that the children are exposed to as many different activities as possible.



Staff survey

To ensure that each staff member was involved in all aspects of the active flag process we conducted a simple survey asking the teachers to discuss their personal experiences with PE.

Through this survey we found that there were some areas in which teachers felt they needed more support. One major weakness was the aquatics strand as teachers were familiar with supporting swimming lessons in previous years (before covid 19), however were unsure how to approach the water safety aspect of the curriculum.

PE. Survey results

Teacher name:

Class group:



Teaching: How would you rate your confidence in teaching PE? Please circle

5= very confident

1= no confidence

1 2 3 4 5

Strengths: What strands/ stand units do you feel most confident teaching? Please tick all that apply

Athletics = 8
Games = 7
Dance = 3
Aquatics = 0
Outdoor = 5 (walking)



Staff survey

Furthermore, as we are a Deaf school, it was mentioned that teaching the dance strand to some of our Deaf pupils can be a challenge. We wanted to learn about other strategies to support us teaching them the dance strand to the best of our ability.

Continuous professional development:

What areas of CPD are you interested in for PE?

1. Dance strand
2. Water polo
3. Practical ideas for games
4. Outdoor and adventure activities
5. Classroom management for infant PE
6. Orienteering
7. Gymnastics
8. Dance
9. Aquatics
10. Getting active
11. Aquatics

After school activities:

Please list some after school activities you would set up for staff e.g. walks, boot camp, exercise class, fun run, ~~gymnastics~~.

1. Pitch and putt walking club
2. Dance class/Zumba
3. Escape rooms
4. Soccer team
5. Obstacle course
6. Run 0 to 3km
7. Circuits
8. Exercise class
9. Fun run
10. Zip lining
11. PE with Joe Wicks, watch on clever touch in hall and copy.

Motivating children:

Are there any events/activities you would be interested in bringing your class to for motivation?

E.g. ~~Cross~~ park, jump zone.

1. Cross park
2. Aviva stadium
3. Indoor rock climbing
4. Canoe - river ~~Liffey~~
5. Phoenix park
6. Jump zone
7. Child vision
8. Zip it
9. Gymnastic centre
10. Play/soft area centre

Land Paws programme

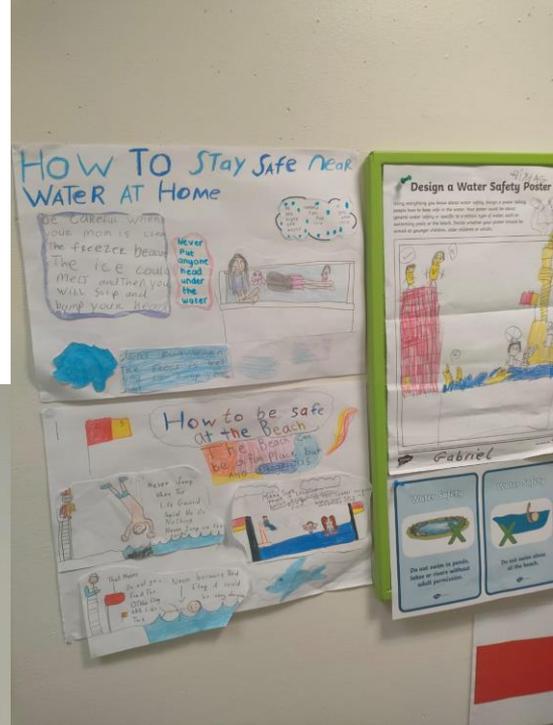
As a result of the survey, some classes participated in the primary aquatics water safety program which gave them the opportunity to discuss how they can be safe around water.



Land Paws programme:

Participating classes made posters outlining the different ways we can stay safe around water. These posters are displayed in the hall for all students to learn more.

The junior classes looked at being safe at home when in the bathtub and when going to the beach. The senior classes looked at safety at home, at the beach, and on farms. They completed the PAWS programme before their swimming lessons commenced which enabled them to be safe in the water.



Staff CPD

The staff took part in an in school CPD evening to focus more on fundamental movement skills. This seminar was lead by the active flag leading teachers and supported by seminar powerpoints from PDST CPD events.



Staff Training:

Two teachers are going to attend 'Physical Literacy Seminar 4 - Developing Motivation and Confidence' by the PDST, on the 16th of May 2022 in the Drumcondra E.C.

The seminar will explore a variety of strategies that can be easily implemented in PE lessons to motivate and develop pupils' confidence.

This course would have been completed before now, only it was cancelled twice.



Active flag slogan: Let's get moving and grooving

The student committee came together and decided that each class should put forward possible slogans for our active school program. When each class had decided on their slogan they submitted them and we held a whole school vote. The children were not allowed to vote for their own class. There was one clear winner on the day: Let's get moving and grooving!!





Voting for our slogan



Creating artwork for our slogan to display in the hallway



LANGUAGE AND COMMUNICATION

Language is at the centre of everything we do in Holy Family Daf school. It was imperative that the children acquire vocabulary to enable them to participate to the best of their ability during activities. As the children are all at different receptive and expressive language levels, we had to ensure that the key vocab was being pre-taught using both oral language and Irish sign language.

We based our key vocab on the Fundamental movement skills eg teaching the children essential words to engage with these skills. Pre-teaching is an essential part of teaching Deaf children to ensure that their language and communication difficulties are not inhibiting them for accessing the PE curriculum.