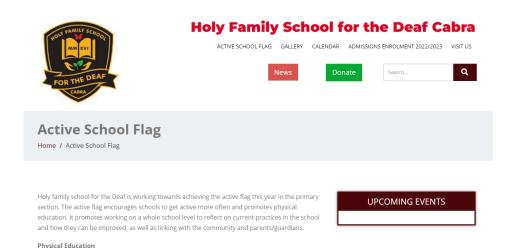
## Active Schools Week

#### **School website**

We have a dedicated active schools section on our website to update staff, pupils, and parents about our active flag progress.

The website can be accessed here



#### **Activities for active schools week**

- 1. Class trips to local activity centres
- 2. Sports day
- 3. Dance party
- 4. Staff v students activities
- 5. Tracksuits for staff and students all week
- Active homework and school time log books



# My Active Week **Journal** This is a picture of me playing my favourite sport. Class:

#### **#ASW22**

To ensure a smooth running of the Active Schools Week, the leading teachers of the Active Schools team in the school, shared a presentation with the staff.

The presentation outlined the different activities that would be taking a place over the week, to ensure everything ran smoothly.



## **#ASW22 Preparation**







## **Sports Day!**

Our Sports Day event was the highlight of our school's #ASW22. The video below contains

the highlights of the day!



### **Sports Day Stations:**

The dry sport stations consisted of: exercise bootcamp, basketball, futsal, running, egg and spoon race, throwing, obstacle course and sack race. One student was assigned the responsibility of explaining the station to each class group.



