

Active Schools Week

School website

We have a dedicated active schools section on our website to update staff, pupils, and parents about our active flag progress.

The website can be accessed [here](#)



Holy Family School for the Deaf Cabra

[ACTIVE SCHOOL FLAG](#) [GALLERY](#) [CALENDAR](#) [ADMISSIONS ENROLMENT 2022/2023](#) [VISIT US](#)

News

Donate

Search...



Active School Flag

[Home](#) / [Active School Flag](#)

Holy family school for the Deaf is working towards achieving the active flag this year in the primary section. The active flag encourages schools to get active more often and promotes physical education. It promotes working on a whole school level to reflect on current practices in the school and how they can be improved, as well as linking with the community and parents/guardians.

Physical Education

UPCOMING EVENTS

Activities for active schools week

1. Class trips to local activity centres
2. Sports day
3. Dance party
4. Staff v students activities
5. Tracksuits for staff and students all week
6. Active homework and school time log books



Sports day 2022

  Opened 11:24

My Active Week Journal



Name: _____

Age: _____

Class: _____

#ASW22

To ensure a smooth running of the Active Schools Week, the leading teachers of the Active Schools team in the school, shared a presentation with the staff.

The presentation outlined the different activities that would be taking a place over the week, to ensure everything ran smoothly.



#ASW22 Preparation



Sports Day!

Our Sports Day event was the highlight of our school's #ASW22. The video below contains the highlights of the day!



Sports Day Stations:

The dry sport stations consisted of: exercise bootcamp, basketball, futsal, running, egg and spoon race, throwing, obstacle course and sack race. One student was assigned the responsibility of explaining the station to each class group.

