



Holy Family School for the Deaf

Navan Road, Cabra, Dublin DO7 TH79

Summary of SPHE/RSE Policy Statement

- Here at Holy Family we want our pupils to do well in all the subject areas like Maths, ISL, History, PE etc but we also want them to do well in their personal development, their health and their well-being, and to create positive relationships in their lives
- To achieve this we have 2 school policies which lead us in this area. One is called the SPHE Policy, Social, and Health Education. SPHE is one of the subjects on the school curriculum. The other is the RSE policy. Relationships and Sexuality Education Policy.
- First, How does SPHE help the pupils:
 - ❖ promotes physical and mental and emotional health and well being...pupils will learn about, for example, healthy eating, self-esteem, drug misuse.....and so on
 - ❖ gives pupils skills for life, like how to make friends and have healthy Relationships in the community
 - ❖ helps them learn how to make good responsible decisions in their lives
 - ❖ helps develop a healthy attitude to human sexuality and relationships
- This last point is very important, and this links to the RSE Policy,Relationships and Sexuality Education Policy.
- How does RSE help the pupils:
 - ❖ Helps pupils understand and respect sexuality and reproduction

- ❖ Promotes a positive attitude to the pupils own sexuality and positive attitude to relationships with others
 - ❖ Help them to understand that sexuality has a moral and spiritual context and to develop attitudes and values linked to that
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- Parents are the Main Educators (Primary Educators) of their children so if you'd like to view school resources linked to RSE and/or SPHE the school will organise this for you.
 - Or if you'd prefer you child not attend a class because of a sensitive topic we will allow that if you request this
 - Sensitive issues or topics will be dealt with in a safe environment, where each pupil feels safe, respected and valued.
 - We will encourage respect for differences like religion, ethnic background, and sexual orientation
 - For Pupils with any difficulties or sensitivities, a private meeting can be arranged with the school counsellor or year head
 - If a pupil reports any issue or considered to be at risk in any way the staff member will follow the school policy on Child Protection and give the information to the DLP, normally the Principal

The full policies are available on the school website and they have more detail, including SPHE in the context of Deaf Education. If you'd like more clarification or have any questions please contact us at the school